



# PARAMEKKAVU COLLEGE OF ARTS AND SCIENCE

THRISSUR AFFILIATED TO UNIVERSITY OF CALICUT. U.O. No. 2436/2013/CU

(Managed by Sree Paramekkavu Educational, Cultural and Charitable Trust)

MLA Road, Punkunnam, Thrissur 680002. Ph:0487 2960800, 9961068618

E-mail : [paramekkavucas@yahoo.in](mailto:paramekkavucas@yahoo.in), Website : <https://www.paramekkavuartsandsciencecollege.com>

Akhil Murali  
Department of Physical Education

Date: 12/08/2024

The Principal  
Paramekkavu College of Arts and Science

Subject: Request for Conducting a Dodgeball camp

Respected Sir/Madam,

I am writing to seek your approval for organizing a Dodgeball event at Paramekkavu College of Arts and Science. Dodgeball is an exciting team sport that promotes physical fitness, teamwork, and agility, and it will provide an excellent opportunity for students to engage in healthy and enjoyable physical activity.

I propose to conduct this event on 27<sup>th</sup> August to 18 September 2024 during 10 AM, and I would request the use of the college sports ground for this purpose. The event will be open to all students, with teams formed from various departments to encourage interaction and team spirit. We will ensure that all necessary safety measures are in place during the event.

I kindly request your permission and support to organize this event and would be happy to discuss any further details or suggestions you may have. I am confident that this event will be a fun and valuable addition to the college's sports activities.

Thank you for considering my request. I look forward to your positive response.

Yours sincerely,  
Akhil Murali  
Department of Physical Education



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## CIRCULAR

Ref: PCAS/SC/PR-03/2024-25

Date:16/08/2024

This is to inform all students of Paramekkavu College of Arts and Science that a Dodgeball Camp will be organized at the college for those interested in enhancing their skills and fitness through this exciting sport. The camp will focus on improving teamwork, agility, and sportsmanship. The camp will be held from 27 August to 18<sup>th</sup> September 2024 at 10.00 AM on the college playground. All students are invited to participate, and the camp is open to participants of all skill levels. Interested students are requested to register before 21 August 2024. We encourage all students to take part in this opportunity to engage in a fun and competitive sporting activity.

Date: 27<sup>th</sup> August to 18<sup>th</sup> September

Time: 10.00 AM

Venue: College Ground



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## Paramekkavu College of Arts and Science

# DODGE BALL

x x x x  
x x x x  
x x x x  
x x x x

### COACHING CAMP FOR BOYS & GIRLS



August 27 to September 18,  
2024

x x x x  
x x x x  
x x x x  
x x x x

TIME- 10.00AM  
VENUE -COLLEGE  
GROUND

x x x  
x x x  
x x x





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## PROGRAMME REPORT

A Dodgeball Camp was successfully conducted at Paramekkavu College of Arts and Science from 27th August 2024 to 18th September 2024, under the coordination of Mr. Akhil Murali, Assistant Professor, Department of Physical Education. The camp aimed at promoting physical fitness, teamwork, and sportsmanship among students. Sessions were held daily at 10 AM at the college playground, where participants engaged in various drills and activities to improve their dodgeball skills, including agility, strategy, and communication. The camp saw active participation from students across different departments, fostering a spirit of enthusiasm and collaboration. Mr. Akhil Murali, along with other faculty members, guided the students throughout the program, ensuring a structured and informative experience. The camp concluded with a friendly intra-college tournament, which showcased the skills and teamwork developed during the camp. The event was well-received by all participants, contributing significantly to the college's sports culture.