



PARAMEKKAVU COLLEGE OF ARTS AND SCIENCE

THRISSUR AFFILIATED TO UNIVERSITY OF CALICUT. U.O. No. 2436/2013/CU

(Managed by Sree Paramekkavu Educational, Cultural and Charitable Trust)

MLA Road, Punkunnam, Thrissur 680002. Ph:0487 2960800, 9961068618

E-mail : paramekkavucas@yahoo.in, Website : <https://www.paramekkavuartsandsciencecollege.com>

Akhil Murali
Assistant Professor
Department of physical education

Date: 08/08/24

The Principal
Paramekkavu College of Arts and Science

Subject: Request for Conducting a Football Camp

Respected Sir/Madam,

I am writing to respectfully request your approval for conducting a football camp at Paramekkavu College of Arts and Science. The football camp will be open to all students of the college, and we aim to provide them with expert coaching, guidance on fitness, and training sessions that will help them improve their skills and understanding of the game. We also hope to foster a spirit of sportsmanship and team collaboration through the camp.

The proposed dates for the camp are 21 August 2024-13 October 2024 and we are planning to conduct it during 9.00 AM. We would need access to the college football ground, and any other necessary facilities you could provide to ensure the smooth operation of the camp.

We kindly request your permission to organize this event and are open to any suggestions you may have regarding its execution. We are confident that this camp will be a great opportunity for the students to engage in physical activity and enhance their sporting skills.

Thank you for considering our request. We look forward to your positive response.

Yours sincerely,
Akhil Murali
Assistant Professor
Department of physical education



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CIRCULAR

Ref: PCAS/SC/PR-02/2024-25

Date:12/08/2024

The Physical Education Department is pleased to announce the organization of a Football Camp for all students of Paramekkavu College of Arts and Science. The camp aims to enhance football skills, fitness, and teamwork among participants.

Details of the Camp:

Dates: 21 August to 13 October 2024

Timing: 9.AM

Venue: College Football Ground

Eligibility: All students of the college

All students are encouraged to participate and make the most of this opportunity to develop their football skills under expert coaching.



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PARAMEKKAVU COLLEGE OF ARTS AND SCIENCE

FOOTBALL CAMP

For Boys



**21 AUGUST-
13 OCTOBER
2024**



9 AM

Camp Venue

College Campus

**Programme Coordinator
Akhil Murali
HOD/Asst. Professor
Department of Physical Education**



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PROGRAMME REPORT

The Football Camp conducted at Paramekkavu College of Arts and Science, under the guidance of the Department of Physical Education, took place from 17th August 2024 to 13th October 2024, with sessions held every day from 9:00 AM. The primary objective of this camp was to enhance students' football skills, improve physical fitness, and foster teamwork and sportsmanship among participants.

Throughout the camp, students received expert coaching in various aspects of football, including ball control, passing, shooting, defending, and tactical awareness. The sessions were designed to accommodate all skill levels, from beginners to advanced players, ensuring that every participant benefitted from the training.

The camp was held at the College Football Ground, which provided a perfect environment for both individual and team-based exercises. The students also had access to various fitness routines, which aimed to build strength, agility, and stamina.

The camp concluded on a high note, with a friendly intra-college match that showcased the progress and teamwork of all the participants. The football camp was a great success, fostering a spirit of sportsmanship, discipline, and physical well-being. The students' enthusiasm and commitment were commendable, and the camp helped identify promising football talent within the college.

The Department of Physical Education looks forward to conducting more such programs in the future to further promote sports and physical fitness among students.



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PHOTOS

